

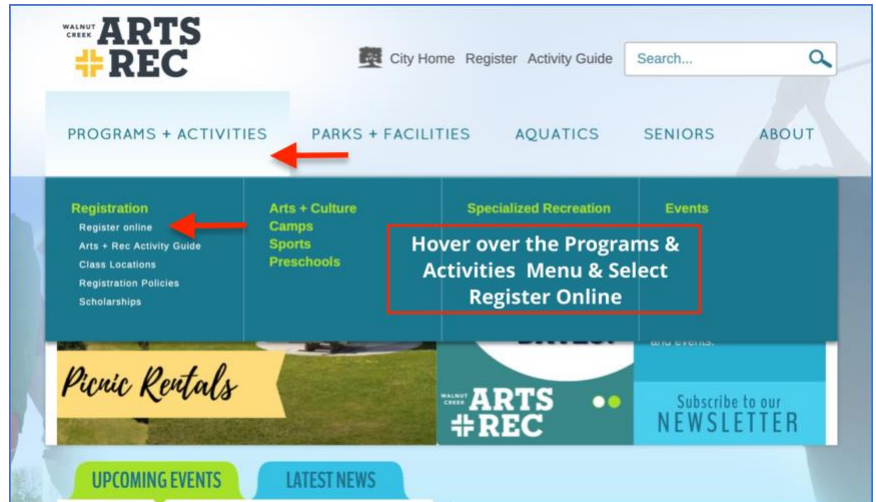
Registering for a Public Women's Self-Defense Class

For a class during the week, usually Monday or Wednesday, from 5pm to 8pm.

Go to the City of Walnut Creek Arts and Recreation Website:

<https://www.walnut-creek.org/departments/arts-and-recreation/recreation-parks>

On the Menu Bar, select 'Programs + Activities',
Then select 'Register Online'.
This will take you to the 'Select an Activity Page'.

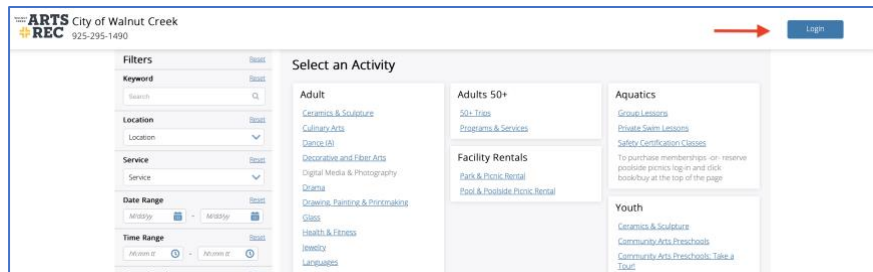


If you do not have an Account, you will need to create one.

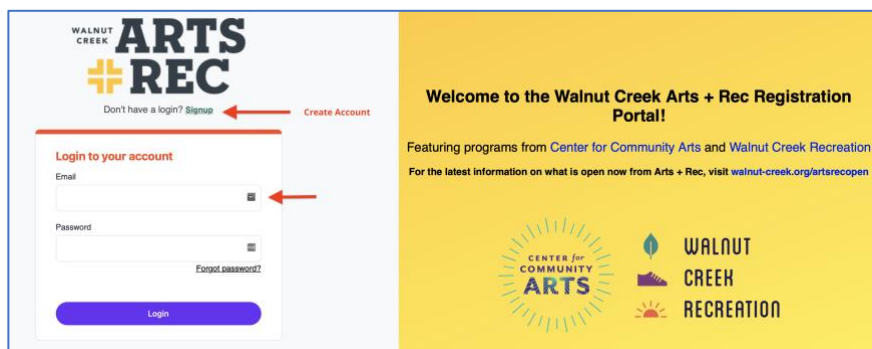
First, click on the **Login Button** on the right side of the **Activity Page**.

Then you will be able to click on the 'Signup Link', underneath the Arts & Rec Logo.

If you don't have an Account with the City, you will need to 'Create an Account'. First, click on the blue 'Login Button' or go directly to the [Registration Portal](#).
By clicking the 'Sign Up' Link just below the Arts and Rec Logo, you can enter your personal information to create an account.
Once you have completed the Login Process, you should be directed back to the 'Select an Activity' page.



You may skip to the [Sign Up/Account Creation Portal](#) by following this link:

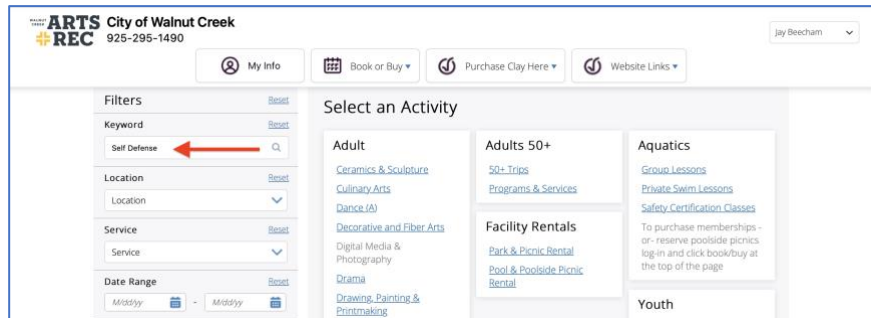


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You will need to Sort on the Keyword "Self Defense", in the field labeled 'Keyword'.

For some reason, I have not been added to the Instructor Roster, and the Auditorium at Civic Park hasn't been added to the list of facilities.

Once you get back to the Activity Page, add 'Self Defense' to the Keyword Filter on Left, Then press 'Enter'...



The Search Results Page:

From the Search Results Page, you should only see "Self Defense" classes.

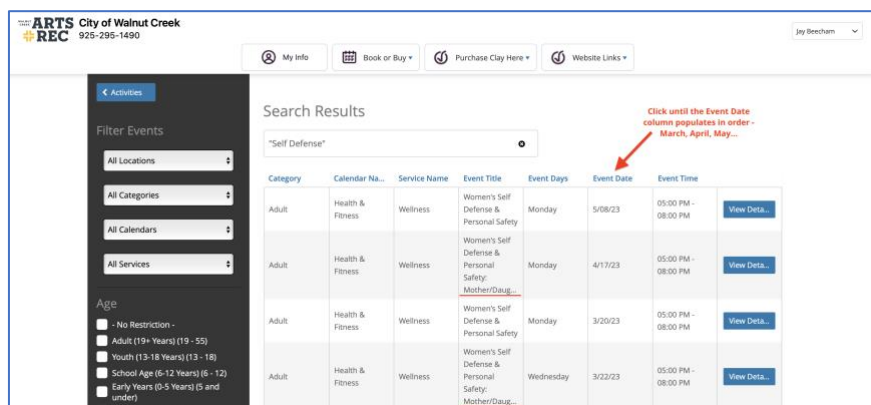
Sometimes, the dates don't populate in order, and you need to Click on the 'Event Date Column Header' until the dates are in order.

You should also pay attention to the 'Event Title' description. Make sure you select the class that you want based on your schedule.

There are two distinct classes offered through the Arts & Rec Program.

- Those classes labeled "Mother/Daughter", are specifically for mothers, with tween/teen daughters aged 12-15.
- The other class listings are for the Adult Women and Teen girls aged 15+.

Select a specific class by clicking on the Blue 'View Details' button. Be sure to verify the 'Event Date', and whether you want the class for 'Individuals (age 15+)' or the class for Mother/Daughter pairs (age 12-15)



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The Event Details Page:

Once you get to the Event Page, you can see how many spots are still available, or if there is a waitlist.

To Register, Click on the Blue 'Register' button in upper right corner. Again, be sure you have the desired class/date. Call **Customer Service** for assistance or for clarification on possible waitlist availability.

The screenshot shows the event details page for 'Women's Self Defense & Personal Safety' on the City of Walnut Creek Arts & Rec website. The page includes a 'REGISTER' button in the top right corner. Below the title, it shows the date '3/20/23' and time '05:00 pm - 08:00 pm'. A red arrow points to the status 'FULL - Waitlist Available'. The page also displays fees, optional extras, course dates, and an 'About this Course' section.

Fees	
Course Fee	\$68.00 <small>No Tax</small>
Optional Extras	
Donate towards Recreation scholarships!	\$5.00 <small>No Tax</small>
Course Dates	
1 sessions	Once
3/20/23	05:00 PM - 08:00 PM Assembly Hall

About this Course
Practical, easy to learn, "real world" self-defense techniques and principles taught in an emotionally and physically safe environment. Women and teens can build the self confidence and awareness needed to avoid, deescalate, and/or survive almost any confrontational situation. Physical techniques adapted from several martial art styles. Wear workout clothes that cover the knees. Bring water. For more information go to www.streetwiseselfdefense.com

Civic Park Community Center [Show Map](#)
Course ID 00045691
Instructor

Once you have selected a class, you can click on the REGISTER button in Blue:

**Customer Service for
Streetwise Self Defense**

Service@StreetwiseSelfDefense.com
925-532-9953

**Customer Service for
Walnut Creek Arts & Rec**

925-295-1490

Registering for a Public Women's Self-Defense Class

For a class on the weekend, usually Saturday, from 2:30 to 5:30pm

Registering for a Public Class at Forma Gym, in Walnut Creek

First, identify a Class you would like to attend from the PUBLIC CLASSES page of the website.

Email Jay Beecham at Info@StreetwiseSelfDefense.com.

You may use the CONTACT page of the website.

Indicate your interest in attending the class, and please give for each person attending:

- Name
- Age, if under 18
- Class Date & Location (as a check)

The fees are due when you register for the class, or your spot cannot be held/guaranteed.

The fee for classes at Forma Gym is \$50 per registrant.

You can pay the fee by transferring funds through Venmo to the @Jay-Beecham (1208) / Streetwise Self-defense profile. Look for the icon/logo in the center that shows the woman fighting back. Cancellation and/or rescheduling can be done without penalty up to two weeks prior to the class. Within 14 days, I will work with you to reschedule if that is necessary. Within the last 7 days, your class time is locked in, except for serious illness which is a different thing altogether. If exposed, or you think you may have Covid, please call!

[As an alternative] You may pay Forma directly by stopping by the front desk, or by calling 925-932-6400. Please insist on paying for your spot at the time and ask for a receipt. We have had difficulties with registrations that are processed through their front desk, as the class is separate from their core offering.

I ask your understanding that I need to publish a cancellation & rescheduling policy. For every registration that occurs, I must hold that date and time as taken. I plan other private training opportunities around days and times that are free on my schedule. If I hold a date, and a customer changes their mind about attending in favor of a movie or an afternoon drive, I have lost that time as a potential private class, or possibly told someone else that the class was full.



In the description, please list the primary name on the registration, and the date and time of the class.

If you feel like you need to check the box that classifies the transfer as a commercial transaction, that's fine, but please add \$1.05 per \$50 Registration in order to cover the fees.

Most just do the transfer as a friends & family type (default). I just collect the money. I forward it to Forma, and I have a 1099 with them, so I do pay taxes on the portion of the \$50 that they give back to me. Thanks!